

**AVIANA**

Overcome

##### OUT: November 5th 2021

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| **Line Up:**  **Line-up:** | **AVIANA online:** |
| **Joel** **Holmqvist** | Vocals | <http://www.avianaofficial.com> <http://www.facebook.com/avianaswe> <http://www.instagram.com/avianaswe> <http://www.twitter.com/avianaswe>  <https://tiktok.com/@avianaofficial>  <https://www.youtube.com/channel/UCUyZKV9kqbckP1CtcNJsz6A> |

**OVERCOME!**  
  
Swedish alternative metal act **AVIANA**has released a video for their heavy, flagship new single '[**Overcome**](https://youtu.be/zFnK5KXuX6M)', out now via **Arising Empire**. '[**Overcome**](https://youtu.be/zFnK5KXuX6M)' follows previous singles '[**Rage**](https://aviana.lnk.to/rage)', '[**Oblivion**](https://aviana.lnk.to/oblivion)' and '[**Retaliation**](https://aviana.lnk.to/retaliation)', which marked **AVIANA**'s return earlier this year, now led solely by **Joel Holmqvist**.   
  
Check out the video for '**Overcome**' here: <https://youtu.be/zFnK5KXuX6M>  
Stream/purchase '**Overcome**' here: <https://aviana.lnk.to/overcome>  
  
'**Overcome**' is a cracked window into **AVIANA**'s soul, using emotionally naked lyrics and flickeringly heavy beats to explore the darkest of human emotions that are constantly haunting and taunting us.   
  
**Holmqvist**comments on the new single:   
"This song is a special one. The sound of 'Overcome' doesn't really affiliate with any other song we've been written before. But it's a tune that I'm really proud of and I'm really looking forward to see how it will be received by the fans.I would describe it as a bouncy "Djent Rock vs Industrial Metal" kind of song. We've added some really cool electronic stuff in this one, like a 808 synth and I've played around a lot with my voice to try out new stuff and keep things fresh and interesting."  
  
Last year many people experienced dark times and suffered great loss. **Joel Holmqvist**, vocalist of Swedish metalcore act **AVIANA**, was one of those people. Despite the successful release of their sophomore album »**[Epicenter](https://aviana.lnk.to/epicenter" \t "_blank)**« via **Arising Empire** in 2019, all his former bandmates declared they were leaving **AVIANA**in March 2020.   
  
**Holmqvist**explains: "I was in a dark place for a long time when my former bandmates decided to leave the band. It was hard! I think these songs reflect all those feelings and thoughts that I had to fight during that difficult time," he explains.  
  
However, **Holmqvist**quickly realised that he was not done with **AVIANA**and decided to continue with the project himself. Throughout the pandemic, he has gathered strength to build something new and special - the next chapter of **AVIANA**.  
  
**AVIANA**’s new sound is heavier than ever before and offers a taste of what’s to come, **Holmqvist**assures."I'm building this up with the new Aviana now. There's a new chapter, a new story and a new era coming!" he concludes.

"Just let me breathe."

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2022.03.11 Birmingham @ Asylum 2  
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2022.03.13 Glasgow @ The Garage Attic  
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2022.03.16 Nottingham @ The Old Salutation  
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Tickets on sale now: [www.avianaofficial.com](http://www.avianaofficial.com/?fbclid=IwAR3hw7Ll1htwMF9WSaD8RL71ITXBZoo52YPiu7Qn1fB890Tw391OOcf8Z64)